



Quality Assurance of Chilled Foods

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Summary

- What is Quality and Quality Assurance (QA)?
- Design and Planning for QA of Chilled Foods
- How is QA Implemented and Maintained?
- Brief Overview of Regulations and Other Requirements
- What are Chilled Foods?
- The European Market for Chilled Foods
- Why has the UK been Successful in the Production of Chilled Foods?
- Industry Guidelines for Chilled Foods relating to QA
- Key microbial hazards in relation to Chilled Foods
- Thermal processing
- Predictive modelling
- Physical / Chemical Issues relating to Chilled Food Production
- Auditing QA Systems for Chilled Food Production
- QA on line

Chilled Foods Quick Facts

- **Made in the UK**
- **>95% (>99%?) retailer own label in the UK**
- **Multicomponent, prepared**
- **Hygiene/safety critical**
 - Unpreserved apart from chilling
 - HACCP, traceability
- **Short shelf life**
 - Just In Time (JIT) systems
 - Made on day of despatch to retailer
- **Seasonal raw materials**
- **Year-round supply/production**
 - Pan-global sources
 - Specified suppliers meeting UK standards – built-in traceability

What is Quality?

- All the features and characteristics of a product (or a service) that bears on its ability to satisfy stated or implied needs
 - Fitness for purpose
 - Safety
 - Customer satisfaction
- Related closely to shelf life:
 - The period during which the product maintains its micro safety and sensory qualities at a specific storage temperature

Why Assure Quality?

- **Essential in all Sectors of the Food Industry**
 - Consumer Perceived Quality
 - Safety (Microbiological, Chemical, Physical)
 - Legality
- **Codes of Practice / Good Manufacturing Practice Guidelines**
 - E.g. CFA, IFST
- **Control Systems and Recognised Standards**
 - BRC, IFS, ISO, BSI, SALSA

What is Quality Assurance?

- A series of planned actions required to provide the customer with a product they expect
- Proactive process
 - attempts to prevent errors (i.e. right first time)
 - uses HACCP to identify areas of concern
 - correct control points evaluated
 - corrective actions put in place
 - documentation to support all this

Implementing QA

- **3 main components in the Quality Assurance Process:**
 - The specification (i.e. what has to be done)
 - The documented instruction (i.e. how it is to be done)
 - The recording system (i.e. that it has been done)

Design and Plan for Quality Assurance

- 1. Raw Material Specification**
- 2. Ingredients Formulation**
- 3. Processing Equipment and Environment**
- 4. Processing Methods and Conditions**
- 5. Intermediate Specifications**
- 6. Appropriate Labelling Specifications**
- 7. Specifications for Quantity per Pack**
- 8. Specifications for Management and Control Procedures**
- 9. Specified Distribution System and Cycle**
- 10. Appropriate Storage, Handling & Distribution Instructions**

Quality Assurance on Line

- **Ingredient Specification Checks (Ingredients? Correct percentages? Packaging?)**
- **Process Checks (hygiene at start up? pH? Temperature?)**
- **Foreign Body Controls**
 - **Plastic – blue colour, debox**
 - **Metal – filters, sieves, metal detection**
 - **Bone – filters, sieves, X ray**
 - **Wood – elimination (pallets, boards, utensils)**
- **Intermediate Product Checks**
- **Finished Product Attributes (Micro? Chemical? Physical? Size? Weight? Sensory Attributes?)**

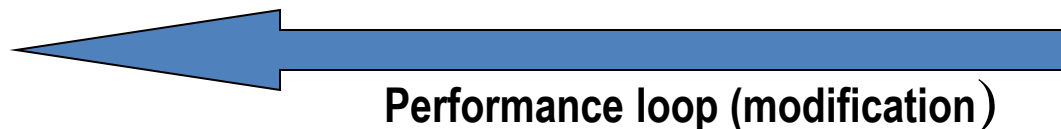
The QA Process



Define Quality Criteria
ingredients
end product
identify hazards

Documented System for achieving specification

In-built through process.
minimal reliance on end product testing



European Regulatory Framework

- Instruments:

- Regulations

- Come into force in all Member States immediately on publication

- Decisions

- Binding on parties e.g. Member States, companies

- Directives

- Require implementing into national law via national legislation

General Food Law Principles, EFSA (178/2002)

- General food law & food, feed safety principles:
 - HACCP
 - Farm to table
 - Responsibility of feed manufacturers, farmers, food operators
 - Traceability of feed, food and its ingredients
 - Risk analysis (assessment, management, communication)
 - Application of the precautionary principle, if appropriate
 - if an action or policy has a suspected risk of causing harm to the public or to the environment, in the absence of scientific consensus that the action or policy is harmful, the burden of proof that it is *not* harmful falls on those taking the action
- European Food Safety Authority (EFSA)
 - Risk assessment-based advice and information to the EC
 - Hub for EU/national scientific committees, provide peer review
 - Run Rapid Alert System for Food and Feeds (RASFF)
 - http://ec.europa.eu/food/food/rapidalert/rasff_portal_database_en.htm

Other Issues

- **Labelling**
 - ‘Use by’ dates: Food Labelling Directive (since 1979)
 - ‘Fresh’: some national rules and guidance
 - Dietary information
 - Weights / volumes
 - Food Information Regulation coming into force
- **Microbiological Criteria (Regulation 2073/2005/EC)**
 - Role in HACCP – verification monitoring
 - Food Safety and Process Hygiene Criteria
 - *L. monocytogenes* Food Safety Criterion
 - limit 100 cfu/g if evidence to substantiate shelf life
 - **Methodology harmonisation**
 - Sampling dependent on each criterion
 - Inherent variability – lab procedures & methods (humans), certification issues
 - Unsuitable methods – interference by food components

Quality Assurance and The Law

- Food Safety Act 1990 – ‘Due Diligence Defence’
- Criminal Offence to be found guilty

‘it is a defence to prove that the person / company took all reasonable precautions and exercised all due diligence to avoid...’

means that onus lies on the person or company being charged.

The burden of proof is then discharged on a balance of probability. Therefore it is essential to eliminate risks in any food processing operation


Chilled food:

**A prepared food that
for reasons of safety and/or quality
is designed to be stored
at refrigeration temperatures
(at or below 8°C)
throughout its entire life**





What are Chilled Foods? UK NPD Chronology

1960s	1970s	1980s	1990s	2000s
sliced meats pies	dressed salads dairy desserts	recipe dishes quiches flans sandwiches pizzas ethnic snacks pastas soups	non-dairy desserts dips salad dressings sauces stocks prepared fruit prepared veg leafy salads sandwich fillings	accompaniments speciality breads sushi luxury meal kits stir fry kits 



European Chilled Ready Meals Market

- 2006 Survey by Leatherhead Food International:
 - UK, France, Germany, Italy, Spain, Ireland, Belgium, NL.
 - Ready meal = recipe dishes, flans, pizzas, fresh pasta, sandwiches, breaded products, soup, sauce, chilled pastry
 - Total value 15 billion Euros
 - UK market value was 8 billion Euros (54%)
- UK market 16 billion Euros in 2012
 - 2000% growth 1989-2012

Basis of UK Industry's Success

- **Massive investment in hygiene & technology**

- 1970s secure chill chain: UK target 5°C
- Factory design and layout: area segregation (GMP/LRA, HCA, HRA)
- Process design and control: 6D heat processes
- Safety and traceability: 'farm to fork' whole chain approach
- Generally, short shelf lives: 1-10 days
- HACCP + best practice: industry (CFA) guidance
- Quality Systems: Manufacturer/retailer partnerships
- Systems integration: Forecast/orders/manufacturing/distribution
- Just in time: Generally, no stock & minimal raw materials held at plants

- **Rapid distribution over short distances**

→ **CONTROL** as foundation for innovation

Key CFA Guidelines

- **Primary production**
 - Microbiological Guidance for Growers
 - Pesticides Due Diligence
 - Veterinary Residues Management Guidance
- **Factory**
 - Best Practice Guidelines for the Production of Chilled Food
 - Covers all chilled prepared foods: www.tsoshop.co.uk/chilledfoods
 - Basis of European Chilled Food Federation Recommendations
 - Earlier editions drove BRC standards creation => Global Food Safety Initiative
 - Hygienic Design Guidelines
 - Multicultural Hygiene Training
 - Produce washing protocols
- **General**
 - Water Quality Management Guidance
 - Guidance on the use & interpretation of microbiological testing
 - Guidance on the Practical Implementation of the EU Micro Criteria Regulations (FSA-endorsed CFA/BRC)
 - Lm and shelf life guidance (CFA/BRC/FSA)

CFA Guidelines (2006)

- **Full title** 'CFA Best Practice Guidelines for the Production of Chilled Foods'
- **Coverage**
 - Main Hazards
 - Control measures
 - HACCP systems
 - Shelf life assessment
 - Decision tree for minimum hygiene status
 - Regulatory requirements
 - Traceability
 - Product recall

CFA Guidelines - Hygiene Areas

Key concern: **CROSS CONTAMINATION!**

- **Low Risk (or GMP) Area**
 - raw ingredients/components, packed final product
 - Ready to Cook (RTC) foods
- **High Care Area – foods ready to eat or reheat**
 - raw + cooked composite products
 - aim is to minimise contamination
- **High Risk Area – foods ready to eat or reheat**
 - fully cooked ingredients/products only (6D process)
 - aim is to prevent contamination

HACCP of Chilled Foods

- **Essential to understand**
 - the microbiology
 - thermal processing and
 - packaging of the product
- **Each product will be different**
- **Need to use CFA Decision Tree to determine hygiene area/s required for manufacture**
- **Need to keep up to date with technical publications (e.g. legislation, microbiology)**
- **Need to review processes at each new development**

Know Your (Microbial) Enemies

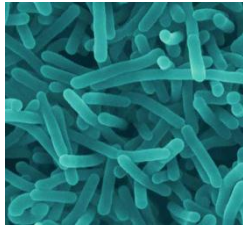
- Key pathogens
- Hurdle technology
- Predictive modelling

Microorganisms to Consider with Chilled Foods

Environmental and zoonotic pathogens, e.g.

- Prepared Salads E.coli, Salmonella spp , L.monocytogenes.
- Raw Minced Meat ACC, Enterobacteriaceae, E.coli, E. coli O157.
- Smoked Fish (cold smoked) ACC, Enterobacteriaceae, E.coli, Salmonella spp, Listeria spp, L. monocytogenes, S.aureus, Clostridia spp.
- Cooked Meat Product ACC, Enterobacteriaceae, E.coli, Clostridia spp.
- Cooked Meat Product with Rice ACC, Enterobacteriaceae, E.coli, Clostridia spp, Bacillus spp
- Cheese Sandwich Enterobacteriaceae, E.coli, S.aureus, Salmonella spp, Listeria spp, L.monocytogenes.
- Sous Vide Recipe Dish ACC, Enterobacteriaceae, E.coli, Clostridia spp.

Listeria monocytogenes



Rod shaped bacteria. Cause infectious food poisoning.

Found in RTE foods, especially dairy (raw milk, blue-veined cheese), RTE fish & meat

Targets pregnant women/unborn babies, elderly, immunocompromised.

High death rates.

Symptoms	Fever, muscle aches, nausea, diarrhoea, headache, stiff neck, meningitis, convulsions, stillbirth, septicaemia
Onset time	3-70 days
Duration of illness	5-10 days
Destroyed	70°C for 2 mins (6 logs)

Clostridium botulinum



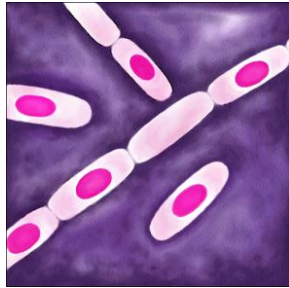
Rod-shaped bacteria. Produce most potent toxin known.

Found in foods not heated before eating, low acid foods.

Targets all age groups. High death rates.

Symptoms	Difficulties in breathing, paralysis of the cranial nerves
Onset time	12h-5 days
Illness duration	Months - can lead to death
Destroyed	121°C for 3 mins (12 logs)(proteolytic/mesophilic) 90°C for 10 mins (6 logs) (non-proteolytic/psychrotrophic)

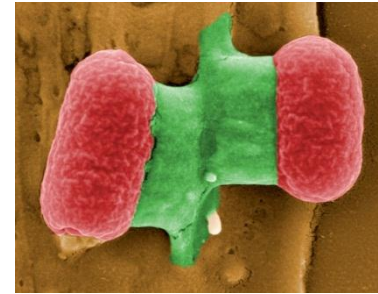
Bacillus cereus



Rod-shaped spore-forming bacteria.
Cause toxic food poisoning.
Found in rice, cereal products and other starchy foods e.g. potatoes, pasta.
Targets all age groups

Symptoms	Abdominal pain, vomiting
Onset time	1-7 hours
Duration of illness	Less than 24hrs
Destroyed	Heating above 126°C for 90 mins
Control	High quality raw materials, rapid cooling

Toxigenic E. coli



Cause infections and toxic food poisoning.
Found in sewage, manure, raw foods e.g. minced beef, fresh produce.
Targets infants and the elderly in particular, depending on strain

Symptoms	Bloody diarrhoea, abdominal pain, nausea, kidney damage
Onset time	12-24 hrs
Duration of illness	1-5 days
Destroyed	70°C for 2 mins

Thermal Processing

The required thermal process depends on:

- The thermal resistance of the microorganisms in the food
- The food's
 - initial microbial loading
 - pH, A_w
 - physical state (e.g. frozen, particle size)
 - desired shelf life

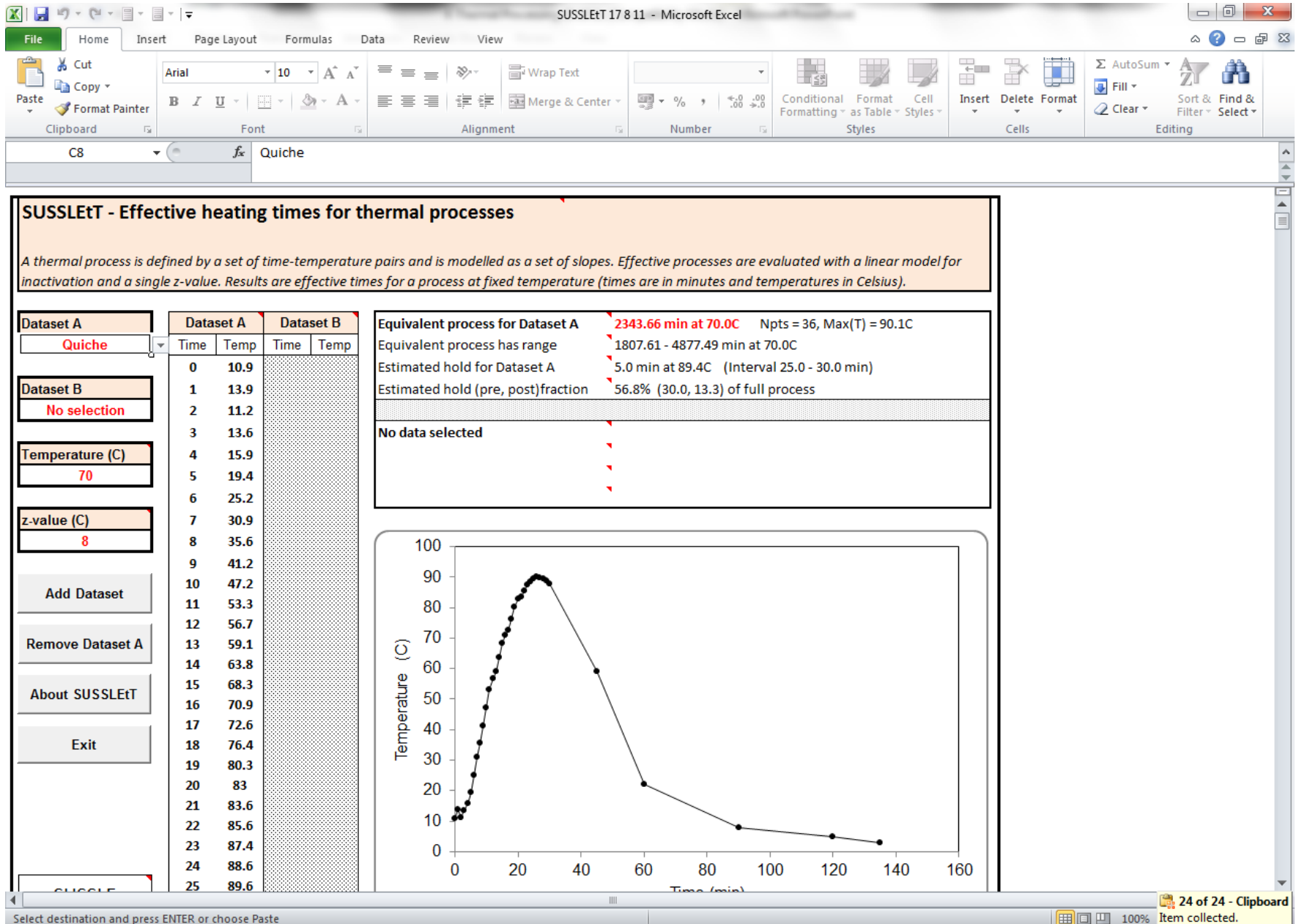
Lm Control: Thermal Processing

- *Listeria monocytogenes* - The most heat-resistant vegetative pathogen of relevance in chill
- Destroying Lm destroys all other vegetative pathogens, e.g.
 - *Salmonella*
 - *E coli*
 - *Campylobacter*
 - *S. aureus*
- 6-log reduction is standard in the EU:
 - For short shelf life foods (<10 days)
 - Minimum process equivalent to 70°C for 2 mins

Sporeformer Control: Thermal Processing

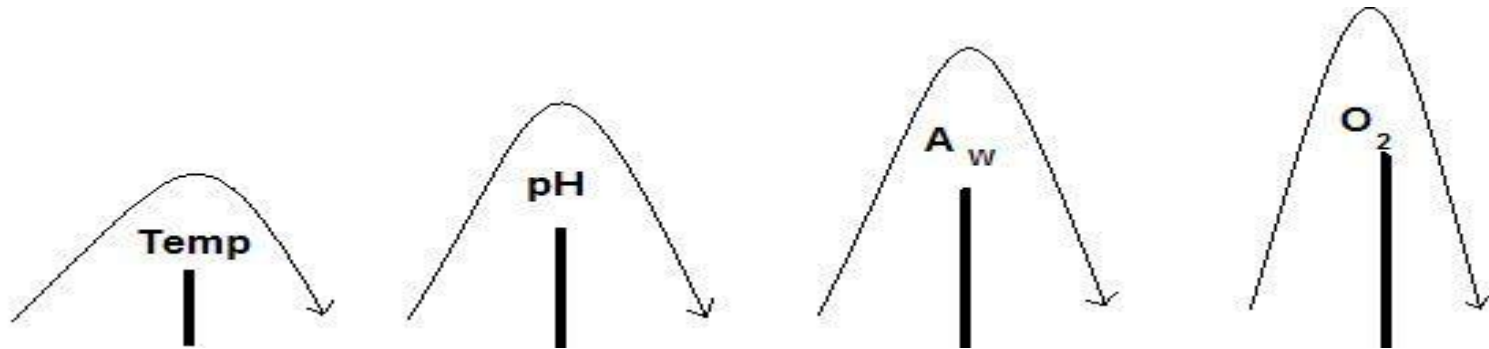
- Sporeformers survive 70°C/2 mins and need to be controlled, e.g.
 - Non-proteolytic *Clostridium botulinum*
 - Psychrotrophic *Bacillus cereus*
- Control through
 - Enhanced thermal process, e.g. 90°C/10 mins equivalent (6 log reduction of non-proteolytic *Cl. botulinum*) or
 - Formulation (pH<5.0 or Aw 0.97 (or combination) throughout the food) or
 - Storage guaranteed at no more than 3°C, or
 - Restricted chilled shelf life (10 days maximum)
 - Rapid post-process chilling (*B. cereus*)

Thermal Process - Example Quiche



Hurdle Technology

- Understanding microbial growth/growth limits can be used to preserve food without using severe processes



- Each hurdle “costs” the microbe energy
- Combined hurdles, e.g. low pH, low A_w , low temperature can heighten the overall effect of one hurdle, e.g.
 - Sodium nitrite + salt to preserve cooked meats
 - MAP + chill

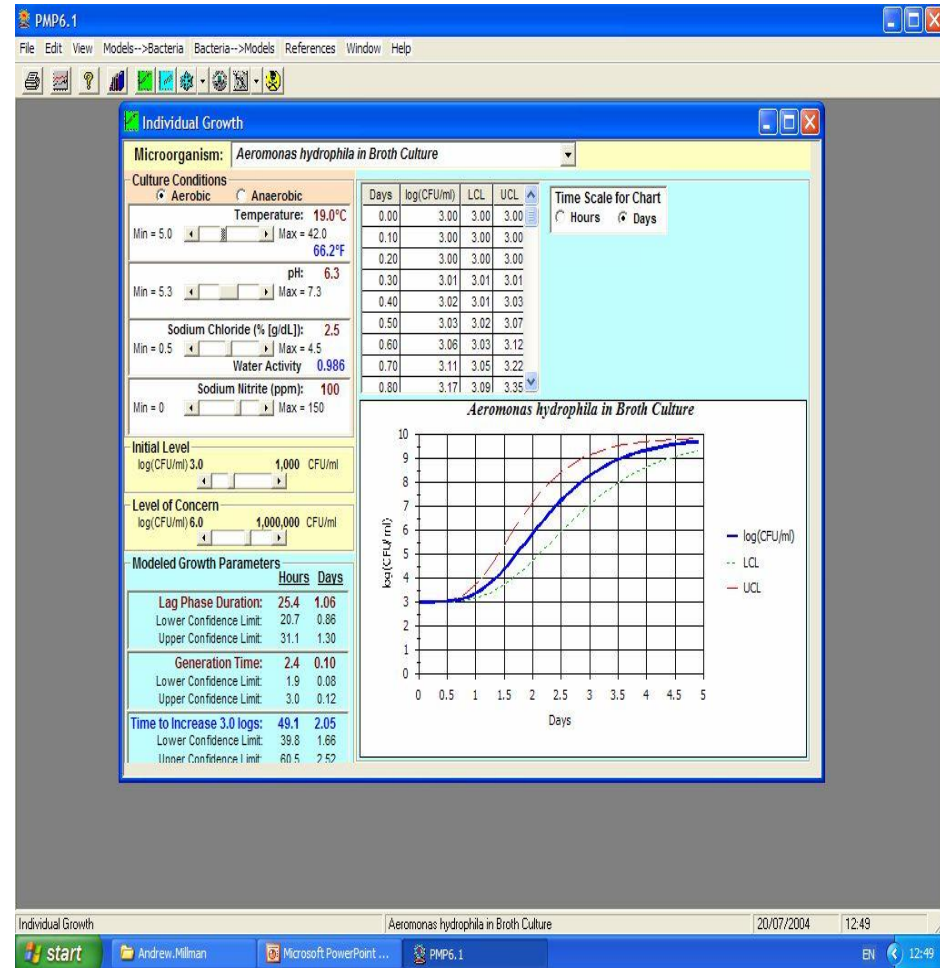
Pathogen Growth Boundaries

Microorganism	Min temp (°C)	Min pH	Min Aw	Aerobic / anaerobic
L. monocytogenes	-0.4¹	4.3	0.92	Facultative
B. cereus	4	4.5	0.93 ¹	Facultative
Campylobacter jejuni	32	4.9	0.99	Microaerophilic
Cl. botulinum Mesophilic/proteolytic	10-12 ¹	4.6	0.93	Anaerobic
Cl. botulinum Psychrotrophic/non-proteolytic	3.3	5.0	0.97 (5% NaCl)	Anaerobic
Cl. perfringens	12 ¹	5.5-5.8 ¹	0.935 ¹	Anaerobic
E. coli O157:H7	6.5	4.5	0.95	Facultative
Salmonella	6	4.0	0.94	Facultative
Staphylococcus aureus	5.2	4.5	0.86	Facultative
V. parahaemolyticus	5	4.8	0.94	Facultative
Y. enterocolitica	-1.3 ¹	4.2	0.96	Facultative

¹ *Microorganisms in Foods. Vol. 5. Microbiological Specifications of Food Pathogens.* (1995), ICMSF, Blackie Academic & Professional
ACMSF Report on Verocytotoxin-Producing E coli (1995), HMSO, London, ISBN 0-11-321909-1.

Modelling Hurdle Technology - ComBase

- Develop combinations of hurdles through trial and error or using modelling programs
- Inputs:
 - Food characteristics (pH, Aw)
 - Food storage temperature
 - Organisms of concern
- Outputs:
 - Growth curve
 - Lag phase
 - Generation (doubling) time
 - Time to increase to x logs
- www.combase.cc



Modelling Hurdle Technology

- Predicts organism growth under the defined conditions
- Adjust parameters to limit growth and extend shelf life
- Allows “safe” decisions to be made about food and a new process
- Cost effective – no costly plant trials to complete
- **REQUIRES TRAINING TO INTERPRET**
- **MUST USE VALID (REAL) STORAGE TEMPERATURES**

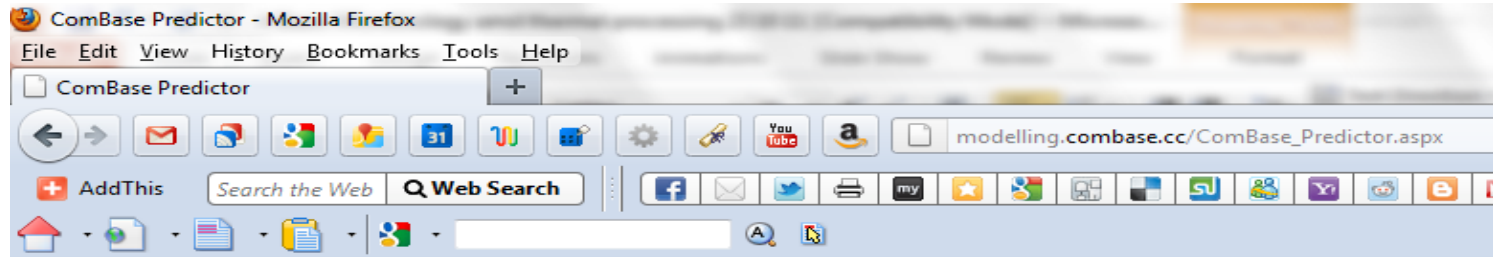
Let's Do Some Modelling!

Predictive Modelling Examples

- *Listeria monocytogenes* growth
- Three real foods:
 - pH 5.0, Aw 0.983
 - pH 5.8, Aw 0.990
 - pH 6.6, Aw 0.985
- Stored at a constant:
 - 5°C
 - 8°C

Lm Growth Modelling #1, 5°C

- pH 5.0
- Aw 0.983



ComBase Predictor

☒ Growth model ☐ Thermal inactivation model ☐ Non thermal survival model

Temperature input **Water activity** **Observation duration**

☒ Static ☐ Changing temperature ☐ NaCl ☒ Aw Time (h) 240.00

add a row

Listeria monocytogenes/innocua with CO2(%) ▼

Initial level	Phys.state	T (°C)	pH	Aw	CO2(%)	Max.rate	Dbl.time
<=7	[0-1]	[1-40]	[4.4-7.5]	[0.934-1]	[0-100]	(log.conc/h)	(h)
1	0.019841	5	5	0.983	0	0.01	44.53

remove last row

Predict

Predictions

time(h)	conc. (Log10 cells/g)
0.00	1.00
0.00	1.00
4.80	1.00
9.60	1.00
14.40	1.00
19.20	1.00
24.00	1.00
28.80	1.00
33.60	1.01
38.40	1.01

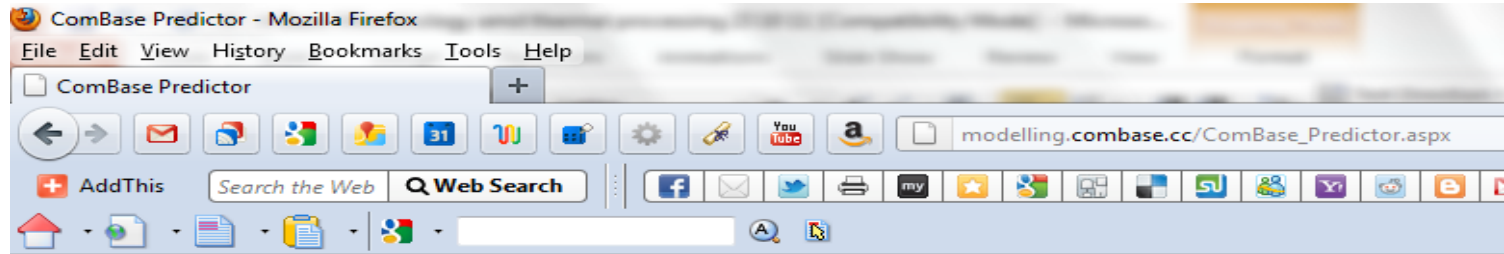
Other ComBase Modelling Tools About ComBase Predictor ComBase Predictor Help ComBase Predictor FAQs

1-log increase in:
>240h/>10d

**But must
consider
spores!**

Lm Growth Modelling #1, 8°C

- pH 5.0
- Aw 0.983



ComBase Predictor

☒ Growth model☐ Thermal inactivation model☐ Non thermal survival model

Temperature input

☒ Static☐ Changing temperature

Water activity

☐ NaCl☒ Aw

Observation duration

Time (h) 240.00

add a row

Listeria monocytogenes/innocua with CO2(%)

Initial level	Phys.state		T (°C)[1-40]	pH[4.4-7.5]	Aw[0.934-1]	CO2(%) [0-100]	Max.rate (log.conc/h)	Dbl.time (h)
<=7	[0-1]							
1	0.019841	Help	8	5	0.983	0	0.01	24.60

remove last row

Predict

Predictions

time(h)	conc. (Log10 cells/g)
0.00	1.00
0.00	1.00
4.80	1.00
9.60	1.00
14.40	1.00
19.20	1.01
24.00	1.01
28.80	1.01
33.60	1.01
38.40	1.02

Time (h)	Log CFU/g
0	1.0
50	1.05
100	1.15
150	1.45
200	1.95
240	2.2

[Other ComBase Modelling Tools](#)
ComBase Modelling Tools

[About ComBase Predictor](#)

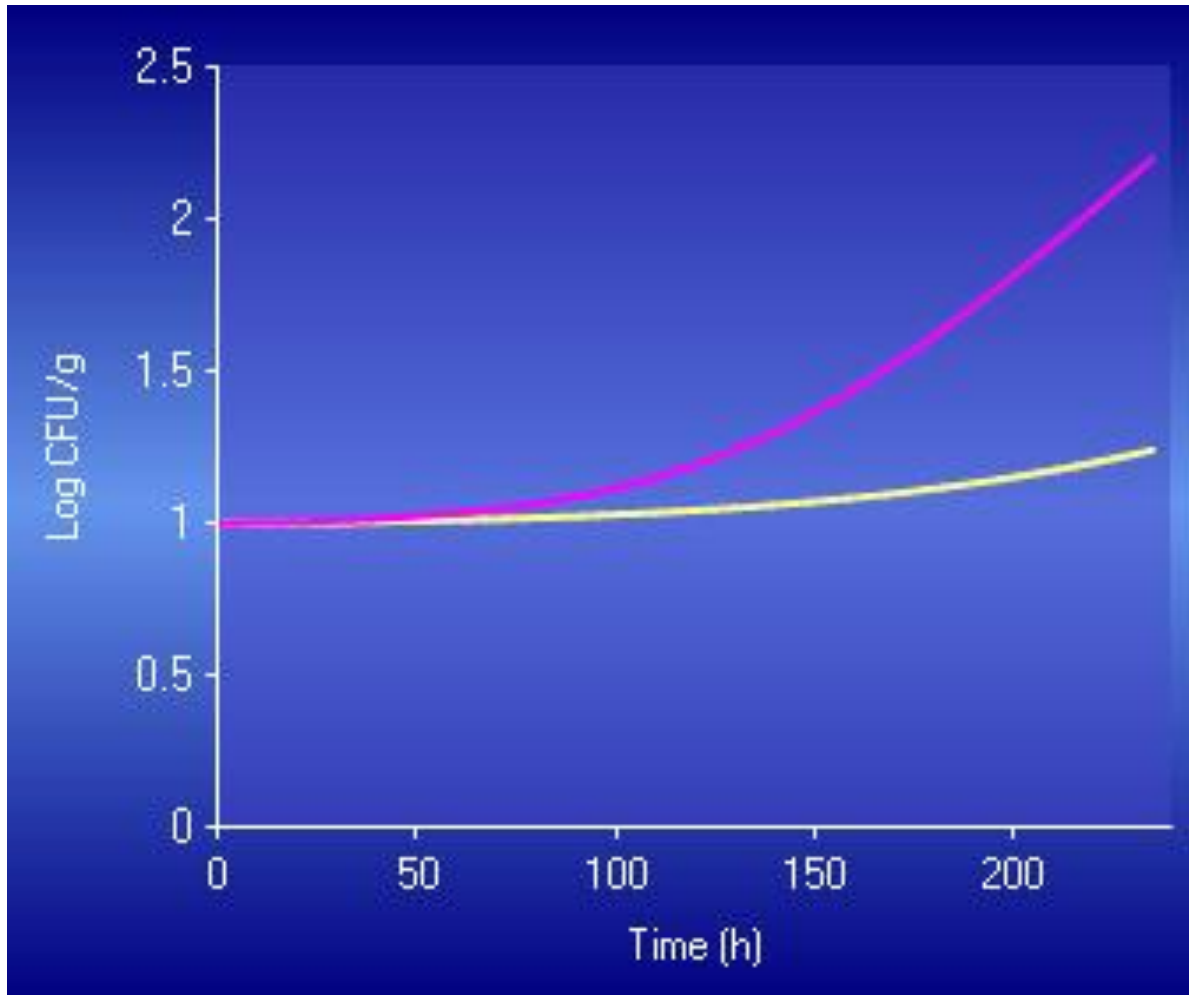
[ComBase Predictor Help](#)

[ComBase Predictor FAQs](#)

1-log increase
in:
~110h/4.5d

Lm Growth Modelling #1

- pH 5.0, Aw 0.983



8°C

Doubling time 24.6h

5°C

Doubling time 44.5h

1-log increase:

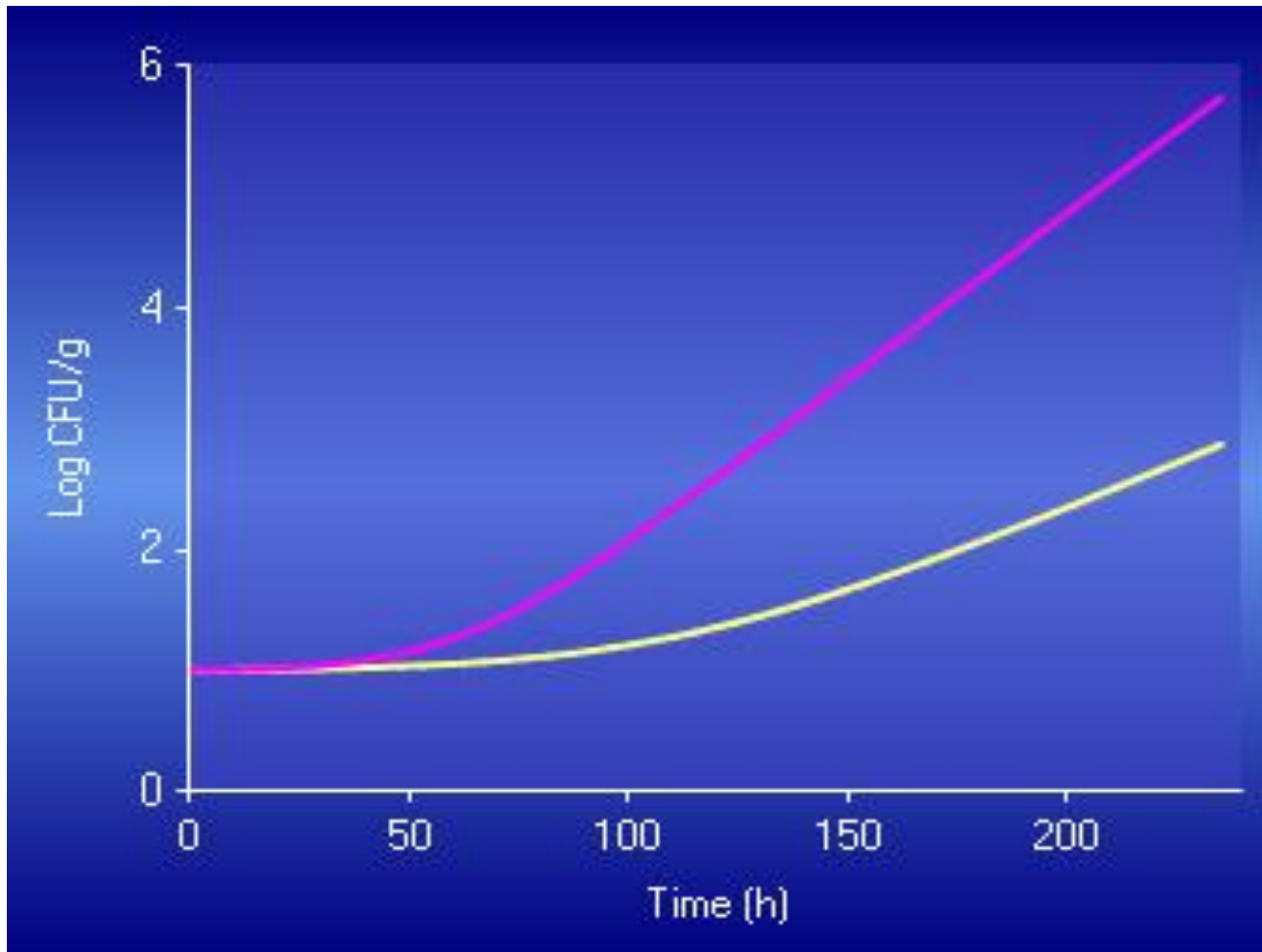
5°C: >240h/ >10d

8°C: ~110h/ 4.5d

**But must
consider
spores!**

Lm Growth Modelling #2

- pH 5.8, Aw 0.990



8°C

Doubling time 11h

5°C

Doubling time 19.9h

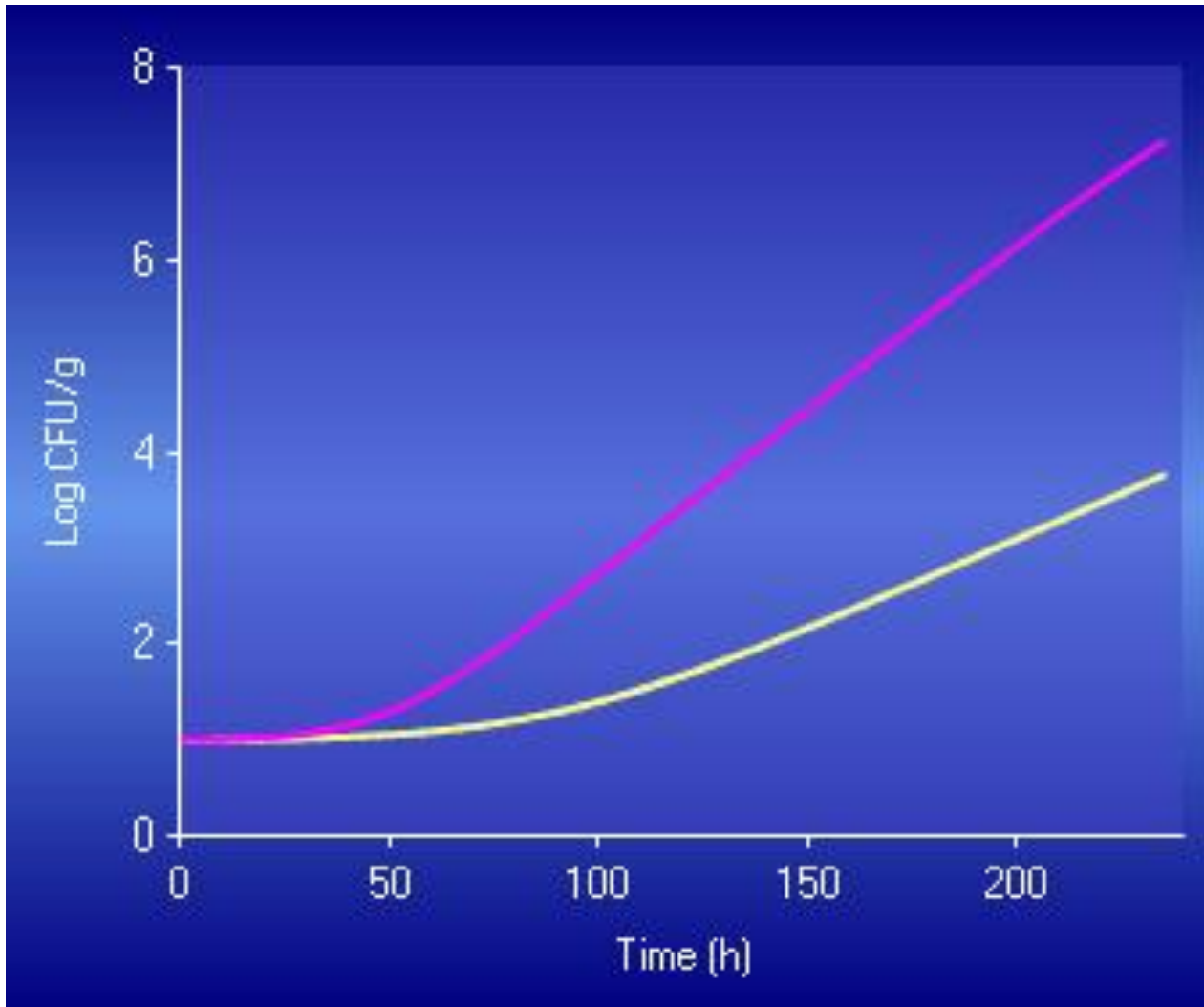
1-log increase in:

5°C: ~180h/ 7.5d

8°C: ~95h/ 4d

Lm Growth Modelling #3

- pH 6.6, Aw 0.985



8°C

Doubling time 8.8h

5°C

Doubling time 15.9h

1-log increase in:

5°C: ~160h / 6.5 d

8°C: ~60h / 2.5d

Key Terms: RTE, RTC, RTRH

Key Terms: RTE, RTC, RTRH

- **Ready to Eat (RTE)**

Intended by the producer or the manufacturer for direct human consumption without the need for cooking or other processing effective to reduce to an acceptable level or eliminate microorganisms of concern. (cold-eating) Manufactured in a High Care or High Risk Area

- **Ready to Cook (RTC)**

Designed to be given a heat process delivering a 6-log kill with respect to vegetative pathogens (a minimum process equivalent to 70°C/2 mins) throughout all components. Manufactured in a Low Risk/GMP Area

- **Ready to Reheat (RTRH)**

Designed to be reheated by the final consumer. Manufactured in a High Care or High Risk Area

CFA Decision Tree – Hygiene Areas

- CFA decision tree determines the standard
 - thermal process used
 - Terminology reflects risk presented by the manufacturing environment to the product
- 3 areas:
 - Low Risk
 - High Care
 - High Risk

Manufacturing Hygiene Areas



- **Low Risk (or GMP) Area**
 - Raw material intake
 - Ready to cook foods
 - Packaged product
 - Separate equipment, utensils, staff and changing areas



Manufacturing Hygiene Areas



- High Care Area
 - RTE and RTRH food production
 - Includes RTE/RTRH ingredients not thermally processed (minimum 70°C/2") but having been decontaminated (validated) and grown/produced to RTE standards
 - Separate equipment, utensils, staff and changing areas
 - Filtered air at positive pressure



Manufacturing Hygiene Areas



- High Risk Area
 - RTE and RTRH food production
 - Only thermally processed foods (minimum 70°C/2" equivalent)
 - Separate equipment, utensils, staff and changing areas
 - Filtered air



CFA Decision Tree

Equivalent thermal process		Micro effect of thermal process	Post-process contam risk?	Remaining hazards to be eliminated or controlled	Min hygiene level reqd
All components $\geq 70^{\circ}\text{C}/2''$ equiv?	YES →	Vegetative pathogens (e.g. <i>Listeria</i> spp.) destroyed. <i>C. botulinum</i> & <i>B. cereus</i> potential hazard	→ YES →	Strict hygiene. Hurdles v. <i>C. botulinum</i> <u>must</u> be used to achieve $>10\text{d}$	→ HRA
			→ NO →	<i>C. botulinum</i> & <i>B. cereus</i> potential hazard. Hurdles v. <i>C. botulinum</i> <u>must</u> be used to achieve $>10\text{d}$	→ LRA
↓ NO			Cook before consuming?		
Not all components $\geq 70^{\circ}\text{C}/2''$ equiv?	YES →	All types of pathogens remain a hazard	→ NO → (RTE, RTRH)	Pathogens may remain from original components or recontamination. Limit further contamination by using HCA. Shelf life may need to be short unless sufficient hurdles used	→ HCA
			→ YES → (RTC)	Pathogens may remain from original components or recontamination. Cooking instructions <u>must</u> be validated. Shelf life may need to be short unless sufficient hurdles used	→ LRA

How should the decision tree be used?

Fully Cooked RTE/RTRH Food

e.g. RTRH Lasagne

Equivalent
thermal
process

Micro effect of
thermal process

Post-process
contam risk?

Remaining hazards to be eliminated
or controlled

Min
hygiene
level
required

All
components
 $\geq 70^{\circ}\text{C}/2''$
equiv?

YES
→

Vegetative
pathogens (e.g.
Listeria spp.)
destroyed.
C. botulinum &
B. cereus remain a
hazard

→ YES →

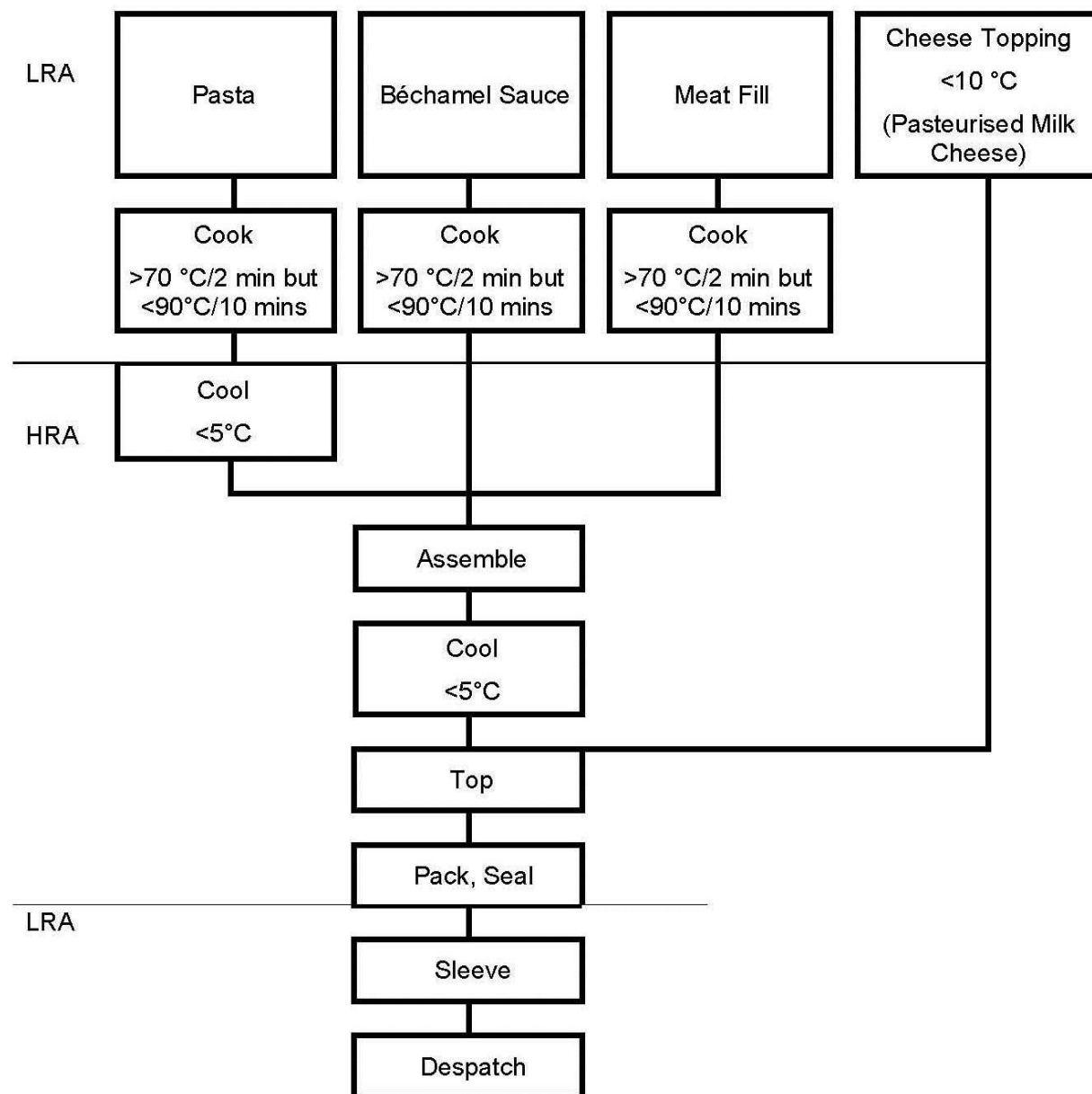
Control recontamination by strict
hygiene. Hurdles against *C. botulinum*
must be used to achieve shelf life
>10d

→

HRA

CATEGORY OF FOOD: READY-TO-REHEAT CHILLED COOKED FOOD

PART 1 EXAMPLE PROCESS FLOW DIAGRAM



Raw RTE Food, e.g. Leafy Salad



Equivalent
thermal
process

All
components
 $\geq 70^{\circ}\text{C}/2 \text{ min}$
equivalent?

↓ NO

Not all
components
 $\geq 70^{\circ}\text{C}/2 \text{ min}$
equivalent?

YES
→

Micro effect of
thermal process

All types of
pathogens remain
a hazard

Cook before
consuming?

→ NO →
(RTE)

Remaining hazards to be eliminated
or controlled

Pathogens may remain from original
components or recontamination.
Limit further contamination by using
HCA. Shelf life may need to be short
unless sufficient hurdles used

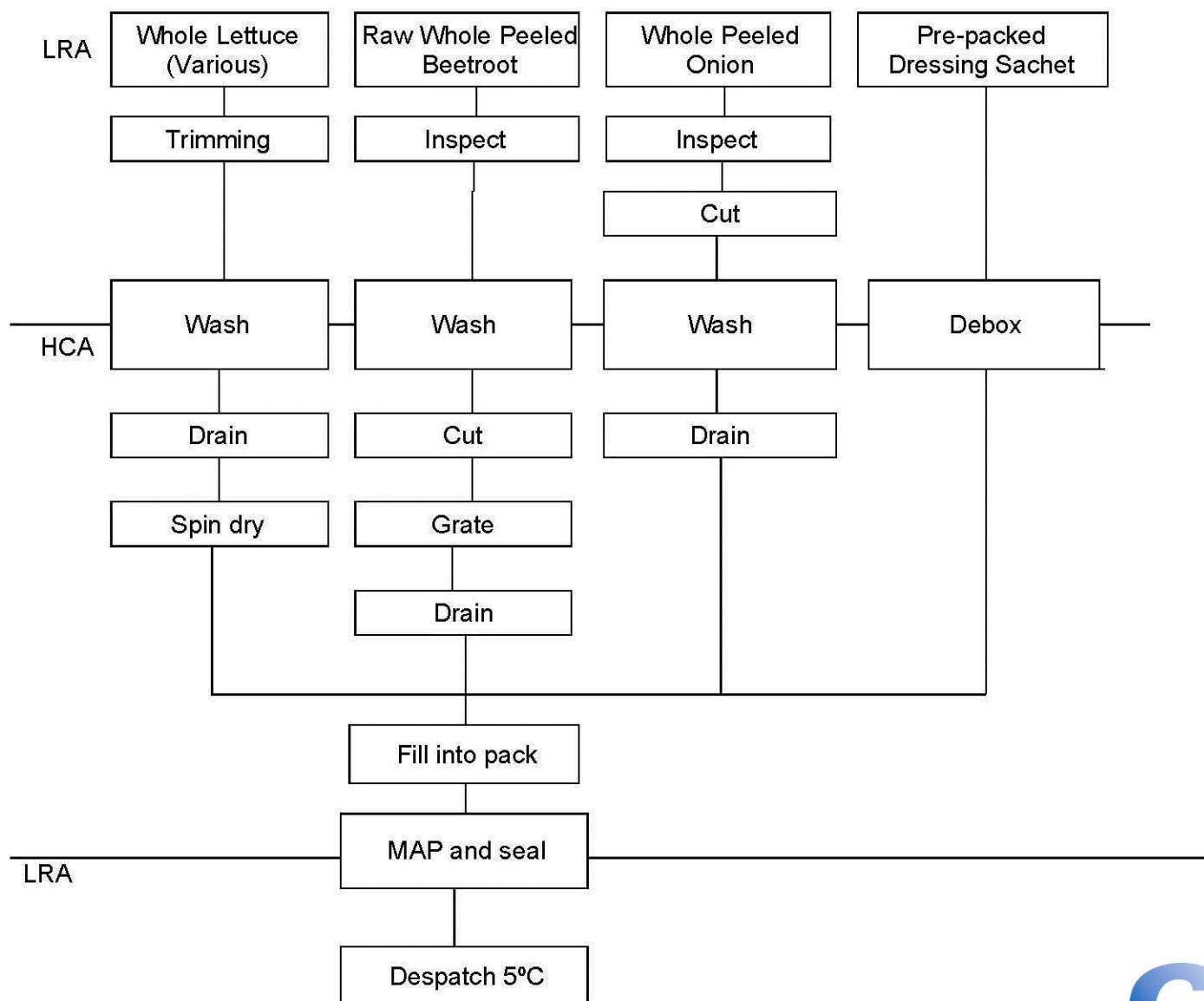
→

Min
hygiene
level
required

HCA

CATEGORY OF FOOD: RAW PREPARED READY-TO-EAT PRODUCT

PART 1 EXAMPLE PROCESS FLOW DIAGRAM



RTC Food, e.g. Pizza

Equivalent
thermal
process

All
components
≥ 70°C/2 min
equivalent?

↓ NO

Micro effect of
thermal process

Cook before
consuming?

Remaining hazards to be eliminated
or controlled

Min
hygiene
level
required

Not all
components
≥ 70°C/2"
equiv?

YES
→

All types of
pathogens remain
a hazard

→ YES →
(RTC)

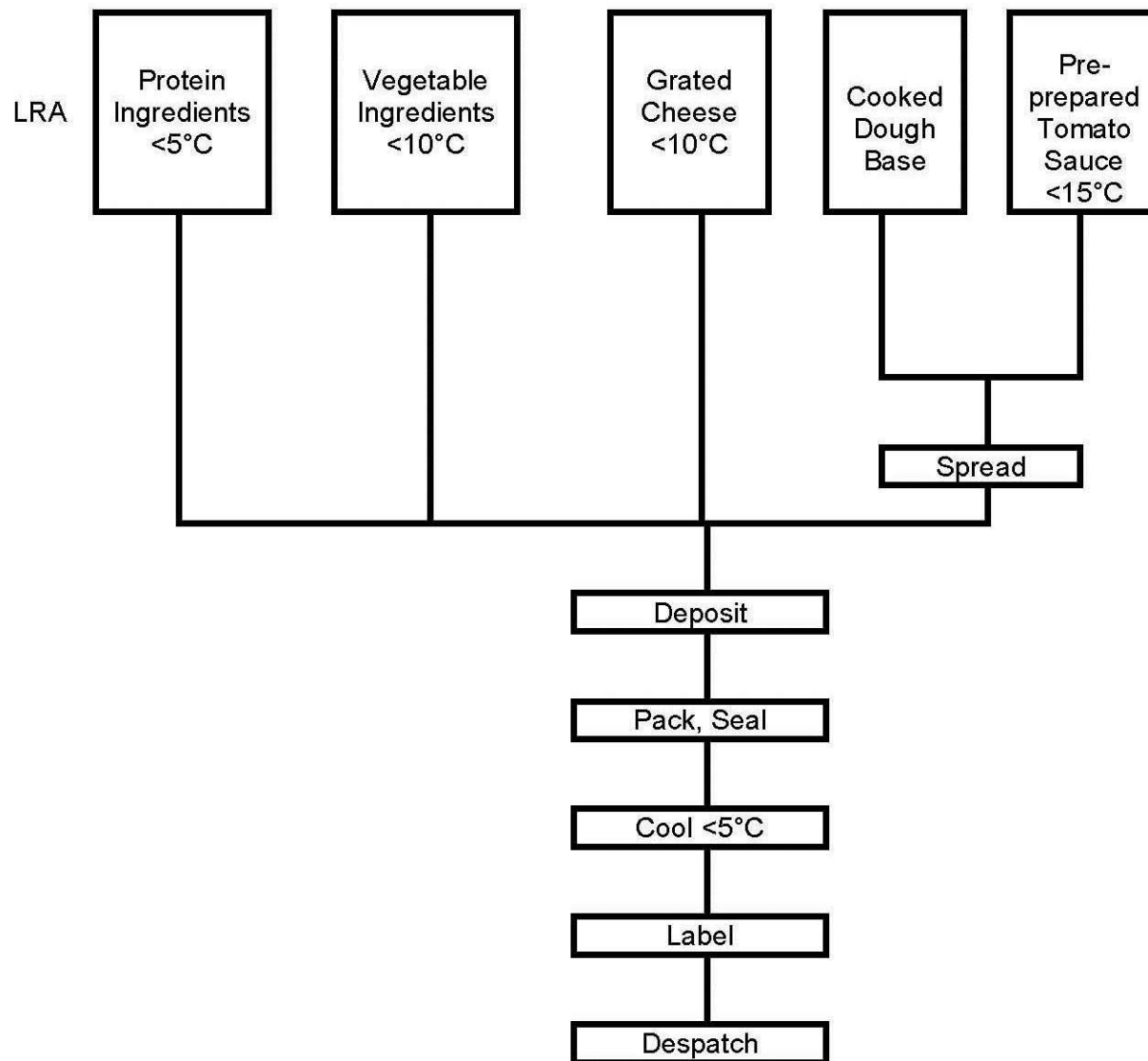
Pathogens may remain from original
components or recontamination.
Cooking instructions must be
validated. Shelf life may need to be
short unless sufficient hurdles used

→

LRA

CATEGORY OF FOOD: PREPARED FOOD (INCLUDING COOKED AND RAW INGREDIENTS) TO BE COOKED BY THE CONSUMER BEFORE EATING

**PART 1
EXAMPLE PROCESS FLOW DIAGRAM**



Physical / Chemical Issues

- **Prepared Salads** snails, caterpillars, grit/soil
- **Raw Mince Meat** plastic, metal, bone, gristle
- **Smoked Fish (hot or cold smoked)** bones (if fillet), metal, correct species
- **Cooked Meat Product** plastic, metal, correct species
- **Cooked Meat Product with Rice** plastic, metal, correct species
- **Cheese Sandwich** correct cheese, plastic, metal, plasters
- **Ready Meal/Recipe Dish** metal, correct species (if protein), plastic, bones

Auditing Quality Assurance Systems

- **Internal Audits and Checks**
 - Processes, stocks, records, products (eg micro)
- **External (3rd Party) Auditors**
- **Verification of HACCP**
- **Local Authority checks**
- **Challenge Testing**
- **Updating**
 - EC Regulations, Statutory Instruments, GMP, FSA

Conclusions / Recap

- Definition of Quality and Quality Assurance (QA)
- Design and Planning for QA of Chilled Foods
- Implementation and Maintenance of Quality Assurance Systems
- Brief Overview of Regulations and Other Requirements
- Definition and Types of Chilled Foods
- The European Market for Chilled Foods
- Industry Guidelines for Chilled Foods relating to QA
- Key microbial hazards in relation to Chilled Foods
- Thermal Processing
- Predictive Modelling
- Physical/Chemical Issues relating to Chilled Food Production
- Hygiene Areas and the CFA Decision Tree
- Auditing QA Systems for Chilled Food Production
- QA on line

Questions

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